

Brent Jaster, MD

EDUCATION

Dartmouth Medical School • M.D. awarded	1996 - 2001
University of California, Davis • B.S. Chemistry, Honors, Citation for Excellence	1991 - 1995
Melbourne University, Victoria, Australia	1993

CREDENTIALS

Family Medicine Board Certification 2004, recertification 2014
Lecturer, University of Colorado School of Medicine

EXPERIENCE

JasterHealth inc • President	11/07- Present
Primary Care Research Fellowship • University of Colorado School of Medicine	7/09 - Present
AfterOurs Urgent Care • Family physician	2/08 – 9/09
Physicians Committee for Responsible Medicine • Research Consultant/ Associate Director of Clinical Research	11/04 - 12/08
Nutrition Journal • Managing Editor	4/06 - 8/07
Clinica Campesina, Community Health Center • Family Physician	10/06 - 3/07
Denver Health and Hospital Authority • Family physician	4/06 - 11/06
University of Colorado Hospital Family Medicine Residency	6/01 - 7/04

SHARED MEDICAL APPOINTMENTS

Lectures

Institute for Healthcare Improvement, International Summit, Redesigning the Office Practice, 3/10

- 3 hour Learning Lab

Institute for Healthcare Improvement, National Forum, 12/09

- Workshop (x2)
- Breakfast Talk

Institute for Healthcare Improvement, International Summit, Redesigning the Office Practice, 3/09

- 3 hour Learning Lab
- Breakfast Talk

Institute for Healthcare Improvement, National Forum, 12/08

- 3 hour Learning Lab
- Breakfast Talk

California Academy of Family Physicians/Kaiser Permanente Conference, 11/08

Institute for Healthcare Improvement, International Summit, Redesigning the Office Practice, 3/08

- Minicourse (all day)
- Workshop (x2)
- Breakfast Talk

Deaconess Hospital and Family Medicine Residency, Indiana, 3/08

American Academy of Family Physicians, Scientific Assembly, 10/07

Mississippi Academy of Family Physicians, 7/07

Institute for Healthcare Improvement, International Summit, Redesigning the Office Practice, 3/07

- 3 hour Learning Lab
- Workshop (x2)
- Breakfast Talk

Consulting

NRC Picker, International consulting firm, 5/10 (start date)

National Naval Medical Center, 7/08 - Present

Salud Family Health Centers, 9/07 – Present

American Academy of Family Physicians, National Research Network, Grant Submission, 2/09

American Academy of Family Physicians, Americans in Motion – Healthy Interventions, 2008 - 2009

Colorado Clinical Guidelines Collaborative, 2007 – 2009

Veterans Administration of Puget Sound, 3/09

Family Health Care of Ellensburg, Washington, 12/08

Wood Buffalo Primary Care Network, Ft. McMurray, Alberta, 3/08

Interviews/Writing

American Academy of Family Physicians, Interview, 3/10

The New America Foundation, Interview, 6/08

The Colorado Health Foundation, Interview, 2/08

Colorado Academy of Family Physicians, Article, 1/08

Teaching

Resident/Medical student electives, 2007 - Present

PUBLICATIONS

[Co-facilitated 80+ group interventions] A low-fat vegan diet improves glycemic control and cardiovascular risk factors in a randomized clinical trial in individuals with type 2 diabetes. *Diabetes Care*. 2006 Aug; 29(8):1777-1783.

Nutrition Guide for Clinicians. 1st and 2nd editions, 2007 and 2009.